

**Analysis and Summary of Governor's
FFY 26 Federal Block Grant Allocation Plans**

Joint Hearing of Committees on Appropriations, Human Services,
Public Health

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OFFICE OF FISCAL ANALYSIS

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INTRODUCTION

Pursuant to CGS Section 4-28b, the Governor has submitted for consideration proposed block grant allocation plans for the Community Mental Health Services Block Grant (CMHSBG), the Community Services Block Grant, the Maternal and Child Health Services Block Grant (MCHBG), the Preventive Health and Health Services Block Grant (PHHSBG), the Social Services Block Grant (SSBG), and the Substance Use Prevention, Treatment and Recovery Services Block Grant (SUPTRSBG). The allocation plans take effect on October 1, 2025.

OVERVIEW

The proposed allocation plans are based on assumed federal grant awards (and estimated carry forward funding), as Congress has yet to finalize the FFY 26 appropriations for these programs. The allocation plans assume level base grant awards. A comparison of the proposed funding levels to the FFY 25 amounts is presented in the following table:

FFY 26 Percentage Change from FFY 25

Block Grant	Assumed Block Grant Award	Estimated Funds Carried Forward	Total Funds Available
CMHSBG	-	-3.7%	-0.8%
CSBG	-	-55.1%	-11.6%
MCHBG	-	-	-
PHHSBG	-	-	-
SSBG	-	-27.8%	-7.8%
SUPTRS	-	27.4%	3.0%

FEDERAL BUDGET ACTION

Final Congressional action has yet to be taken on FFY 26 appropriations for these grants.

CONTINGENCY PLAN

If funding is more or less than the amount assumed in each proposal, program funding and services may be adjusted. Per CGS Section 4-28b, any proposed transfer over \$50,000 to or from any specific allocation or any transfer amount that is 10% of any specific allocation (whichever is less) must be submitted to the speaker and president pro tempore to be approved, modified or rejected by relevant committees.

MAJOR RECOMMENDED CHANGES

Major recommended changes are described for each block grant below, followed by historical expenditures and the proposed allocation for each program category. A table summarizing block grant objectives and allocation processes is located on page 12.

Substance Use Prevention, Treatment, and Recovery Services Block Grant

The SUPTRBG is administered by the Department of Mental Health and Addiction Services (DMHAS).

Community Treatment Services – The proposed reduction to Opioid Treatment Programs reflects the closure of a mobile medication-assisted treatment (MAT) program. Services are being maintained by other community providers.

Recovery Support Services – The proposed Case Management and Outreach funding level reflects new funding for education, training, and credentialing for the Peer Recovery Support workforce. Funding will also support services previously funded by other federal sources, including the integration of clinical services within four domestic violence centers and SSI/SSDI Outreach, Access, and Recovery (SOAR), which provides outreach and case management services for individuals with substance use disorder who are unhoused or at risk of homelessness.

The proposed increase for Ancillary/Transportation services reflects ongoing support for the DMHAS Access Line call center and transportation providers, which were previously funded by alternative federal sources.

Prevention & Health Promotion – The proposed decrease reflects the payment of FFY 24 expenditures in FFY 25. This does not reflect a change in service provision.

**Substance Use Prevention, Treatment and Recovery Services Block Grant
FFY 26 Allocation Plan**

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Community Treatment Services	2,512,538	2,370,227	2,334,524	(35,703)	-1.5%
Outpatient	2,036,126	2,032,817	2,036,114	3,297	0.2%
Opioid Treatment Programs	476,412	337,410	298,410	(39,000)	-11.6%
Residential Treatment	2,428,940	2,296,764	2,306,283	9,519	0.4%
Withdrawal Management	341,804	341,805	341,805	-	0.0%
Residential Care for Substance Use Disorder	2,087,136	1,954,959	1,964,478	9,519	0.5%
Recovery Support Services	9,666,322	9,841,761	10,145,787	304,026	3.1%
Case Management and Outreach	4,603,781	4,414,670	4,680,708	266,038	6.0%
Employment Services	591,587	531,109	531,109	-	0.0%
Ancillary Services/ Transportation	2,904,916	3,329,946	3,367,934	37,988	1.1%
Shelter	1,566,038	1,566,036	1,566,036	-	0.0%
Prevention & Health Promotion	5,713,460	5,257,707	5,226,239	(31,468)	-0.6%
Primary Prevention	5,713,460	5,257,707	5,226,239	(31,468)	-0.6%
TOTAL EXPENDITURES	20,321,260	19,766,459	20,012,833	246,374	1.2%
SOURCE OF FUNDS					
Block Grant	20,459,377	20,459,377	20,459,377	-	0.0%
Balance Forward From Previous Year	2,388,090	2,526,207	3,219,125	692,918	27.4%
TOTAL FUNDS AVAILABLE	22,847,467	22,985,584	23,678,502	692,918	3.0%

Community Mental Health Services Block Grant

The CMHSBG is administered by the Department of Mental Health and Addiction Services (DMHAS) and the Department of Children and Families (DCF).

ADULT SERVICES: Services for adults are maintained and include several adjustments noted below. Carryforward funds may be used to support unanticipated block grant funding modifications.

Emergency Crisis - The proposed allocation reflects increased support for Crisis Respite Services.

Outpatient Services/Intensive Outpatient - The proposed funding level reflects the timing of payments and a change in funding source. This is not anticipated to result in service changes.

Residential Services – The proposed funding level reflects the timing of payments and is not anticipated to result in service changes.

Case Management – The proposed increase maintains support for two programs, previously funded with pandemic related grants, that provide outreach and support to individuals with a serious mental illness who are unhoused or at risk of homelessness.

Consumer Peer Support – The proposed increase is intended to support education, training, and credentialing for the Peer Recovery Support workforce.

Admin- RBHAOs – The proposed increase reflects support for the state’s Regional Suicide Advisory Boards.

CHILDREN’S SERVICES:

CT Community KidCare – The proposed decrease reflects the conclusion of previously funded projects.

Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) – The proposed decrease reflects the net change in contracting costs after (1) reducing the Carelon contract related to identifying individuals with FEP, and (2) increasing the contract with Yale to support the Early Detection work and Learning Collaborative.

Outpatient Intensive – The proposed decrease reflects changes in the contracted length of activities. Performance improvement and training activities associated with Urban Trauma providers will continue through the state fiscal year (ending 6/30/26).

Quality of Care - The proposed decrease reflects changes in the contracted length of activities. Funding for the Children's Behavioral Health Plan Implementation Advisory Board (CBHPIAB) will be funded through the state fiscal year. Funding for Care Coordination Performance Improvement Center (PIC) is reduced as an alternative funding source (CONNECT, the system of care grant) may be able to continue similar activities.

Emergency Crisis – The proposed level reflects decreased funding for the Regional Suicide Advisory Boards (RSABs) related to training as similar training exists in the community. Program funding will focus on other RSAB activities such as support following an untimely death and community outreach activities to promote suicide prevention and mental health wellness and awareness.

**Community Mental Health Services Block Grant
FFY 26 Allocation Plan**

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
PROGRAM: ADULT SERVICES					
Emergency Crisis	2,233,248	2,170,207	2,232,163	61,956	2.9%
Outpatient Services/Intensive Outpatient	571,887	653,998	595,665	(58,333)	-8.9%
Residential Services	860,248	1,296,291	1,174,972	(121,319)	-9.4%
Social Rehabilitation	170,305	145,044	145,044	-	0.0%
Employment Services	554,456	499,206	499,206	-	0.0%
Case Management	244,104	460,877	757,664	296,787	64.4%
Family Education/ Training	172,824	129,618	129,618	-	0.0%
Consumer Peer Support in Community Mental Health Provider Setting	123,290	179,205	203,289	24,084	13.4%
Parenting Support/Parental Rights	57,742	49,708	49,708	-	0.0%
Peer to Peer Employment Services	55,837	52,852	52,852	-	0.0%
Admin- Regional Behavioral Health Action Organizations	199,453	199,454	594,453	394,999	198.0%
Early Serious Mental Illness (ESMI)/ First Episode Psychosis (FEP) 10% Set-Aside	1,045,859	1,007,439	1,007,439	-	0.0%
SUBTOTAL ADULT EXPENDITURES	6,289,253	6,843,899	7,442,073	598,174	8.7%
PROGRAM: CHILDREN'S SERVICES					
Respite Care for Families	327,500	327,500	360,000	32,500	9.9%
FAVOR Family Peer Support Specialist	775,700	945,000	945,000	-	0.0%
Youth Suicide Prevention/Mental Health Promotion	212,206	198,248	212,500	14,252	7.2%
CT Community KidCare	72,648	112,200	105,000	(7,200)	-6.4%
Extended Day Treatment	33,419	14,987	37,500	22,513	150.2%
Early Serious Mental Illness (ESMI)/ First Episode Psychosis (FEP) 10% Set-Aside	328,453	430,968	305,217	(125,751)	-29.2%
Outpatient Services/Intensive Outpatient	278,669	321,476	283,000	(38,476)	-12.0%
Quality of Care	315,000	325,000	227,500	(97,500)	-30.0%
Behavioral Health Outcomes	-	15,550	50,000	34,450	221.5%
Other Connecticut Community KidCare	1,977	10,130	25,000	14,870	146.8%
Emergency Crisis	825,000	725,000	675,000	(50,000)	-6.9%
SUBTOTAL CHILDREN EXPENDITURES	3,170,572	3,426,060	3,225,717	(200,343)	-5.8%
TOTAL EXPENDITURES	9,459,825	10,269,959	10,667,790	397,831	3.9%
SOURCE OF FUNDS					
Block Grant	10,016,048	10,173,883	10,173,883	-	0%
Balance Forward From Previous Year	2,027,216	2,583,439	2,487,363	(96,076)	-3.7%
TOTAL FUNDS AVAILABLE	12,043,264	12,757,322	12,661,246	(96,076)	-0.8%

Maternal and Child Health Services Block Grant

The MCHSBG is administered by the Department of Public Health (DPH).

Other – FFY 26 funds for Maternal and Child Health are proposed to support the Maternal Health Task Force, Every Woman Connecticut, and the Reproductive Justice Alliance. FFY 25 funds included support for consumers served through the Family Wellness Healthy Start Program.

FFY 25 category funding under Children & Youth with Special Health Care Needs supported a one-time increase for a Sickle Cell program.

Administrative Expenditures – The change to the proposed allocation primarily reflects lower personal services and fringe costs under the Children & Youth with Special Health Care Needs program.

**Maternal and Child Health Services Block Grant
FFY 26 Allocation Plan**

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Maternal & Child Health					
Perinatal Case Management	164,735	212,287	212,287	-	0.0%
Reproductive Health Services	66,585	16,092	16,092	-	0.0%
Information and Referral	201,690	201,690	201,690	-	0.0%
School Based Health Services	273,691	273,691	273,691	-	0.0%
Genetics	36,000	36,000	36,000	-	0.0%
Other	322,157	55,349	85,000	29,651	53.6%
Program Subtotal	1,064,859	795,110	824,761	29,651	3.7%
Administrative Expenditures	1,775,879	2,042,403	2,076,267	33,864	1.7%
MCH Total	2,840,738	2,837,513	2,901,028	63,515	2.2%
Children & Youth with Special Health Care Needs					
Medical Home Community Based Care Coordination Services	863,011	863,011	863,011	-	0.0%
Reproductive Health Services	9,950	2,405	2,405	-	0.0%
Genetics	4,000	4,000	4,000	-	0.0%
Information and Referral	41,310	41,310	41,310	-	0.0%
School Based Health Services	14,405	14,405	14,405	-	0.0%
Other	128,327	20,000	-	(20,000)	-100.0%
Program Subtotal	1,061,002	945,130	925,130	(20,000)	-2.1%
Administrative Expenditures	919,939	1,039,036	995,521	(43,515)	-4.2%
CYSHCN Total	1,980,941	1,984,166	1,920,651	(63,515)	-3.2%
TOTAL EXPENDITURES	4,821,679	4,821,679	4,821,679	-	0.0%
SOURCE OF FUNDS					
Block Grant ⁱ	4,821,680	4,821,680	4,821,680	-	0.0%
Direct Assistance Funds for CDC Assignee	160,664	-	-	-	0.0%
TOTAL FUNDS AVAILABLE	4,982,344	4,821,680	4,821,680	-	0.0%

ⁱ Block grant amount reflects federal funding after \$144,058 is directly allocated to fund the CDC Assignee designated for Connecticut. Block grant funds are available for expenditure over a two-year period. There are no carryover funds in the MCHSBG program.

Preventive Health and Health Services Block Grant

The PHHSBG is administered by the Department of Public Health (DPH).

FFY 25 block grant funding was increased by \$249,296 in May 2025. Funding was allocated to the Office of Policy and Strategic Initiatives (OPSI, formerly Public Health Infrastructure) to support data capabilities, accreditation efforts, State Health Assessment updates, and integrating performance measurement and health equity with policy goals. While program funding levels remain the same, the proposed allocation plan shifts admin funding to support an additional FTE within OPSI to meet program requirements.

Preventive Health and Health Services Block Grant FFY 26 Allocation Plan

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Administrative Support	176,408	160,624	160,624	-	0.0%
Asthma	-	97,356	97,356	-	0.0%
Cancer Prevention	181,727	42,727	42,727	-	0.0%
Cardiovascular Disease Prevention	20,000	20,000	20,000	-	0.0%
Local Health Departments	1,118,705	1,021,349	1,021,349	-	0.0%
Rape Crisis Services	75,278	75,278	75,278	-	0.0%
Surveillance and Evaluation	330,227	316,228	316,228	-	0.0%
Youth Suicide Prevention	99,198	99,198	99,198	-	0.0%
Nutrition and Weight Status	63,587	14,587	14,587	-	0.0%
Office of Policy and Strategic Initiatives (OPSI)	518,698	642,994	642,994	-	0.0%
TOTAL EXPENDITURES	2,583,828	2,490,341	2,490,341	-	0.0%
SOURCE OF FUNDS					
Block Grant ⁱⁱ	2,583,828	2,490,341	2,490,341	-	0.0%
TOTAL FUNDS AVAILABLE	2,583,828	2,490,341	2,490,341	-	0.0%

ⁱⁱ Block grant funds are available for expenditure over a two-year period. There are no carryover funds.

Social Services Block Grant

The SSBG is administered by the Department of Social Services (DSS) in conjunction with the Departments of Housing (DOH), Aging and Disability Services (ADS), and DMHAS.

Case Management – The proposed decrease reflects the elimination of pandemic related funding to DOH.

Home Based Services – The proposed increase reflects funding this category at the FFY 25 allocation plan level.

Home Delivered Meals – The allocation removes one-time support of \$185,000 provided in FFY 25 to help offset lower federal funding levels under the Nutrition Services Incentive Program under the Older Americans Act.

Protective Services for Adults – The proposed increased reflects funding this category at the FFY 25 allocation plan level.

Social Services Block Grant FFY 26 Allocation Plan

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Case Management Services	2,628,896	2,840,494	2,640,494	(200,000)	-7.0%
DSS	2,201,842	2,413,440	2,413,440	-	0.0%
DMHAS	227,054	227,054	227,054	-	0.0%
DOH	200,000	200,000	-	(200,000)	-100.0%
Counseling Services	83,051	83,051	83,051	-	0.0%
DMHAS	83,051	83,051	83,051	-	0.0%
Employment Services	144,453	308,433	308,433	-	0.0%
DSS	144,453	308,433	308,433	-	0.0%
Family Planning Services	1,080,274	1,424,718	1,424,718	-	0.0%
DSS	1,080,274	1,424,718	1,424,718	-	0.0%
Home-Based Services	1,090,000	1,509,800	1,679,800	170,000	11.3%
DSS	1,090,000	1,509,800	1,679,800	170,000	11.3%
Home Delivered Meals	1,001,124	1,017,601	832,601	(185,000)	-18.2%
ADS	1,001,124	1,017,601	832,601	(185,000)	-18.2%
Independent & Transitional Living Services	8,042,863	7,711,056	7,711,056	-	0.0%
DSS	101,250	75,000	75,000	-	0.0%
DOH	7,784,141	7,478,584	7,478,584	-	0.0%
DMHAS	157,472	157,472	157,472	-	0.0%

SSBG FFY 26 Allocation Plan
(continued)

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Legal Services	620,490	710,990	710,990	-	0.0%
DSS	620,490	710,990	710,990	-	0.0%
Protective Services for Adults	704,793	725,019	1,055,019	330,000	45.5%
DSS	500,000	529,647	859,647	330,000	62.3%
ADS	204,793	195,372	195,372	-	0.0%
Substance Abuse Services	1,332,365	1,332,365	1,332,365	-	0.0%
DMHAS	1,332,365	1,332,365	1,332,365	-	0.0%
Other Services	1,466,697	1,445,011	1,445,011	-	0.0%
DSS	1,327,430	1,170,243	1,170,243	-	0.0%
DSS- Personal Services	139,267	274,768	274,768	-	0.0%
TOTAL EXPENDITURES	18,195,006	19,108,538	19,223,538	115,000	0.6%
SOURCE OF FUNDS					
Block Grant	17,217,186	17,225,500	17,225,500	-	0.0%
Balance Forward From Previous Year	7,755,554	6,777,734	4,894,696	(1,883,038)	-27.8%
TOTAL FUNDS AVAILABLE	24,972,740	24,003,234	22,120,196	(1,883,038)	-7.8%

Community Services Block Grant

The CSBG is administered by the Department of Social Services (DSS).

State Agency Administration – Personal services and associated fringe costs reflect annual contractual increases.

Grants to Eligible Entities – Community Action Agencies (CAAs) will receive level funding in FFY 26 compared to the FFY 25 allocation plan. This includes base grant funding of approximately \$8.2 million plus cost-of-living adjustments (COLAs) from FFY 21 through FFY 25 (totaling approximately \$1.2 million).

FFY 26 funding levels align with the FFY 25 allocation plan. Differences between the FFY 26 proposed allocation and FFY 25 estimated expenditures reflect the payment of costs that were incurred in FFY 24 but paid in FFY 25. The decrease in carry forward levels reflects the use of funds to support the cost of the COLAs.

Community Services Block Grant FFY 26 Allocation Plan

Program Category	FFY 2024 Actual Expenditures \$	FFY 2025 Estimated Expenditures \$	FFY 2026 Proposed Expenditures \$	\$ Change 26 v. 25	% Change 26 v. 25
Grants to Eligible Entities					
ACCESS Agency, Inc.	661,857	757,498	757,498	0	0.0%
Alliance for Community Empowerment (ACE)	1,094,256	1,615,641	1,325,148	(290,493)	-18.0%
Community Action Agency of New Haven, Inc. (CAANH)	1,182,958	1,227,619	1,227,619	0	0.0%
Community Action Agency of Western Connecticut, Inc.(CAAWC)	839,235	966,479	972,419	5,940	0.6%
Community Renewal Team of Greater Hartford, Inc. (CRT)	2,431,012	2,181,786	2,181,785	(1)	0.0%
Connecticut Association for Community Action (CAFCA)	62,092	-	-	-	-
Human Resource Agency of New Britain, Inc. (HRANB)	719,723	663,786	663,786	0	0.0%
New Opportunities, Inc. (NOI)	1,166,015	1,334,509	1,334,509	0	0.0%
TEAM, Inc.	254,938	278,804	297,483	18,679	6.7%
Thames Valley Council for Community Action, Inc. (TVCCA)	580,202	687,847	657,978	(29,869)	-4.3%
Formula Allocations - Total	8,992,288	9,713,969	9,418,225	(295,744)	-3.0%
Discretionary Programs	248,180	461,789	461,789	-	0.0%
State Agency Administration	481,971	419,831	461,789	41,958	10.0%
TOTAL EXPENDITURES	9,722,439	10,595,589	10,341,803	(253,786)	-2.4%
SOURCE OF FUNDS					
Block Grant	9,291,407	9,235,789	9,235,789	-	0.0%
Balance Forward From Previous	2,896,846	2,465,814	1,106,014	(1,359,800)	-55.1%
TOTAL FUNDS AVAILABLE	12,188,253	11,701,603	10,341,803	(1,359,800)	-11.6%

FEDERAL BLOCK GRANTS DESCRIPTIVE SUMMARY

Block Grant	Lead Agency	Program Objective	Federal Allotment Process	State Allotment Process
Community Mental Health Services Block Grant (CMHSBG)	DMHAS / DCF	Provide grants to support community mental health services for adults with a serious mental illness and for children with a serious emotional disturbance.	Based on the Population at Risk (relative risk of mental health problems in the state), Cost of Services Index (cost of providing related treatment services in the state), and the Fiscal Capacity Index (ability of state to pay for related services).	Adult Services - Based on a statewide advisory structure that includes the Regional Behavioral Health Action Organizations, and the Behavioral Health Planning Council. Children's Services - Based on input from the Children's Behavioral Health Advisory Committee, which serves as the Children's Mental Health Planning Council.
Community Services Block Grant (CSBG)	DSS	Provide grants to help ameliorate the causes of poverty, coordinate governmental and non-governmental programs, and provide emergency services to low-income individuals and families.	Based on the same share of funds that the state's local agencies received in 1981 under the Economic Opportunity Act of 1964.	New allocation formula as of 2024, which uses a combination of 1) a fixed amount per Community Action Agency (CAA); 2) the low-income population of a CAA catchment area; and 3) the overall population of the CAA catchment area.
Maternal and Child Health Services Block Grant (MCHBG)	DPH	Provide grants to support programs related to maternal and child health. Funds address reducing adverse perinatal outcomes, providing and ensuring access to care, reducing health disparities and health inequities, and other areas identified in the statewide needs assessment.	Based on the proportion of funds allocated to states that existed when the original eight categorical grants were consolidated in 1981. Amounts appropriated above the level of fiscal year 1983 funding are allocated to states in proportion to the number of low-income children in the state.	Based on various performance measures, with focus provided by the MCH Statewide Needs Assessment conducted every five years. The application must reflect that three dollars of state matching funds are provided for each four dollars in federal funding. The FFY 26 state match is estimated at \$4,054,451 and the maintenance of effort requirement is \$7,047,965.
Preventive Health and Health Services Block Grant (PHHSBG)	DPH	Provide grants to support the reduction of preventable morbidity and mortality, and the improvement of the health status of targeted populations.	Based on the amount of 1981 funds provided to the state for the original categorical health grants that were combined into the block grant. Additionally, a sex offense set-aside based on a state's population is required.	Based on the recommendations of the Preventive Health and Health Services Block Grant Advisory Committee. Supported programs include cancer, cardiovascular disease, diabetes, tobacco cessation, policy and environmental change strategies, emergency medical services, data surveillance, and other related services. The state's FFY 26 maintenance of effort requirement is estimated at \$2,353,850.
Social Services Block Grant (SSBG)	DSS	Provide grants to encourage self-sufficiency and prevent and reduce dependency on public assistance for individuals with incomes at and below 150% FPL.	Based on state population data (Department of Commerce census data).	Based on the state's focus within the 29 federal service categories. FFY 26 funding will support 11 categories, including case management, home based services, independent & transitional living, and substance abuse services.
Substance Use Prevention, Treatment, and Recovery Services Block Grant (SUPTRSBG)	DMHAS	Provide grants for alcohol and other drug abuse services, which include community treatment, residential and recovery support services, and prevention and health promotion services.	Based on the Population at Risk (relative risk of substance abuse problems in the state), Cost of Services Index (cost of providing related prevention and treatment services in the state), and the Fiscal Capacity Index (ability of state to pay for related services).	Based on surveys, needs assessments, analysis of DMHAS service data, and input from Connecticut-based advisory boards.